



# MAHARSSDI 2024

18<sup>TH</sup> ANNUAL CONFERENCE

## E-BROCHURE

18TH ANNUAL CONFERENCE

**17th - 18th Feb, 2024**

The Ballroom, Sula Vineyards, Nashik



# Welcome Message

Dear Esteemed Colleagues,

Greetings from the organizing team of MAHARSSDI 2024 in the vibrant city of Nashik, India!

Nashik, known for its dynamic spirit, is a city steeped in pilgrimage, boasting ancient temples such as Kalaram, Tapovan, Trimbakeshwar, and the revered Shirdi Sai Baba nearby—making it an irresistible destination. Following a prolonged monsoon, Nashik, recognized as India's wine hub, becomes a picturesque haven surrounded by majestic mountains and valleys.

We take immense pride and pleasure in hosting the prestigious "18th State Meeting of the Research Society for the Study of Diabetes in India" in February 2024, with the event set to take place at the scenic Sula Vineyards.

The 18th State RSSDI 2023 will feature workshops, practical training sessions, and impactful research papers, focusing on the latest advancements and recommendations in the realm of metabolic medicine and diabetes.

Nashik, an adaptable city blending rich heritage with modern trends, invites your active participation. We are confident that you will appreciate the unique charm of this lively place, known as one of India's most exciting and popular tourist destinations.

Join us in February 2024 for an educational and scenic retreat, courtesy of RSSDI State Chapter and APN Nashik. Your presence is warmly anticipated, and we look forward to welcoming you.

Thank you for your support, and we hope to see you soon!

Warm regards,

Dr. Narayan Deogaonkar

Organizing Chairman

MAHARSSDI 2024



# Organising Committee



**Dr. Vijay Panikar**  
Patron



**Dr. Shashank Joshi**  
Patron



**Dr. Sanjeev Indurkar**  
Patron



**Dr. Narayan Deogaonkar**  
Organising Chairman



**Dr. Samir Shaha**  
Co-Organising  
Chairman



**Dr. Sameer Chandratre**  
Organising Secretary



**Dr. Samir Pekhale**  
Joint Organizing  
Secretary



**Dr. Ramesh Pawar**  
Joint Organizing  
Secretary



**Dr. Yashpal Gogate**  
Chairman,  
Scientific Comm



**Dr. Manoj Chitale**  
Co-Chairman,  
Scientific Comm



**Dr. Rahul Patil**  
Treasurer



**Dr. Vijay Dhondge**  
Joint Treasurer



**Dr. Kiran Birari**  
Joint Treasurer



**Dr. Suvarna Tambde**  
Coordinator



**Dr. Mrunalini Kelkar**  
Coordinator

# Maharashtra State Executive Committee



**Dr. Shailaja Kale**  
Immediate Past  
Chairman



**Dr. Narayan Deogaonkar**  
Hon. Chairman



**Dr. Vijay Neglur**  
Vice Chairman



**Dr. Rajiv Kovil**  
Secretary



**Dr. Lotika Purohit**  
Chairman Elect /  
Treasurer



**Dr. Manoj Chawla**  
Governing Council  
Member



**Dr. Sanjay Gandhi**  
Governing Council  
Member



**Dr. Mayura Kale**  
Governing Council  
Member



**Dr. S.V. Kulkarni**  
Governing Council  
Member



**Dr. Amol Hartalkar**  
Governing Council  
Member



**Dr. Mangesh Tiwaskar**  
Co-opted Member



**Dr. Sameer Chandratre**  
Co-opted Member



**Dr. Sanhita Walawalkar**  
Co-opted Member



**Dr. Sanjay Agarwal**  
Permanent invitee



**Dr. Sunil Gupta**  
Permanent invitee

# SCIENTIFIC PROGRAM

## 17th February 2024 - Day 1

### BANTING HALL

TIME	TOPIC	SPEAKERS
10:00-10:15	Treating Type 1 diabetes: Doing it right	Dr. Banshi Saboo
10:15-10:30	Oral anti diabetic drugs in Gestational Diabetes Mellitus	Dr. Sunil Gupta
10:30-10:45	Salt sensitivity in modern hypertension therapeutics- A diuretic perspective	Dr. Shashank Joshi
10:45-10:55	Understanding Glycemic Variability and Time in-range	Dr. Sanjiv Indurkar
10:55-11:05	Hypoglycemia prevention: why is it important and how to do it	Dr. Purvi Chawla
11:05-11:15	Biosimilar Insulin Aspart: India journey in Insulin Innovation	Dr. Manoj Chawla
11:15-11:40	<b>INAUGURATION</b>	
11:40-11:50	Insulin pump: A Reality	Dr. Suresh Purohit
11:50-12:00	AGP and CGMS: Advantages and Limitations	Dr. Rajiv Kovil
12:00-12:10	PCOD : Screening early and picking them young	Dr. Tushar Godbole
12:10-12:20	The Prediabetes Debate: Treatment for all vs Only Lifestyle intervention	Treatment for all : Dr. Snehal Tanna vs Lifestyle intervention: Dr. Reshma Ghoderao
12:20-12:30	Resistant Hypertension	Dr. Rakesh Sahay
12:30-12:40	Gastroparesis: Strategies to diagnose and manage	Dr. Nitin Borse
12:40-12:50	How to suspect, diagnose and treat maturity onset diabetes in young (MODY)	Dr. Ashutosh Sonawane
12:50-1:00	Intermittent fasting, time restricted eating and continuous calorie restriction: A comparative analysis	Dr. Ami Sanghvi
01:00- 01:15	New technology in medicine	Dr. Purvez Grant
<b>LUNCH BREAK</b>		
2:00-2:10	Newer updated classes of diabetes: Applications in clinical practice	Dr. Nikhil Nasikkar
2:10-2:20	Insulin : When to start and how to initiate the discussion	Dr. Sanjay Gandhi
2:20-2:30	Patient Centric approach with Basal insulin	Dr. Vaishali Deshmukh
2:30-2:40	Insulin Resistance: Clinical relevance in today's practice	Dr. Mrunalini Kelkar
2:40-3:05	Harmonising diabetes care with insulin coformulation: Attributes beyond efficacy	Dr. Suhas Erande
3:05-3:15	The Insulin Paradox: Are we failing to initiate	Dr. Yashpal Gogate
3:15-3:25	Oral Insulin: Is it still a dream ?	Dr. Sanjay Agarwal
3:25-3:40	Moving with the times: Embracing fruits of innovation with insulin degludec	Dr. Shailaja Kale
3:40-3:50	Confusion Conundrum: when to use premix 30:70 or 25:75 vs when to use premix 50:50	Dr. Shefali Karkhanis
3:50-4:00	Exercising right: How to prescribe exercise	Dr. S V Kulkarni
4:00-4:10	Obesity assessment beyond BMI	Dr. Lotika Purohit
4:10-4:20	Pioneering progress in Type 2 diabetes: Navigating new horizons with oral semaglutide	Dr. Ragini Maheshwari
4:20-4:30	Medical management of obesity in resource constrained settings - special focus on biosimilar GLP1 agonists	Dr. Mayura Kale
4:30-4:40	Mitochondrial Dysfunction in T2DM - Role of IMEGLIMIN	Dr. Ashutosh Sonawane
4:40-4:50	Is there evidence for low carbohydrate diet in diabetes management	Dr. Chandrashekhar Ashtekar
4:50-5:00	Slowing progression of Diabetic Kidney Disease	Dr. S N Deshmukh
5:00-5:10	Living happily with diabetes	Dr. Vijay Panikar
5:10-5:20	Dear Doctor, Mind your Health & Stress. Don't become Patient	Dr. Suresh Suryawanshi
5:20-5:30	Lean Fat Asian Phenotype	Dr. Sanjay Patne

# SCIENTIFIC PROGRAM

## 17th February 2024 - Day 1

### BEST HALL

TIME	TOPIC	SPEAKERS
2:00-2:10	Hearing loss in diabetes	Dr. Amit Rajput
2:10-2:20	Tackling the trinity: Prioritising treatment targets in Type 2 diabetes	Dr. Sonali Patange
2:20-2:30	Artificial Sweeteners: Are they safe enough	Dr. Nikhil Balankhe
2:30-2:40	Millets: Are they the real deal?	Dr. Ishita Sachdev
2:40-2:55	Optimising combination therapy for wholesome metabolic care- Focus on SGLT2/ DPP4 combination	Dr. Tejas Shah
2:55-3:05	Super anti oxidants in diabetes	Dr. Shankar Khobragade
3:05-3:15	Practical pearls on NFALD	Dr. Dakshata Padhye
3:15-3:30	Alcohol consumption: What do we tell our patients, how much is enough	Dr. Mukund Penurkar
3:30-3:40	Algorithmic approach to the management of newly diagnosed Type 2 diabetes	Dr. Sanhita Walawalkar
3:40-3:50	Lung infections and Diabetes	Dr. Rohit Mahavarkar
3:50-4:00	Chat GPT in Diabetes practice	Dr. Shital Karnawat
4:00-4:10	Parameters to look while choosing a glucose meter	Dr. Jimit Vadgama
4:10-4:15	EMPAREG	Dr. Sunil Kamble
4:15-4:20	OASIS 1 Trial	Dr. Imran Haffizi
4:20-4:25	SURMOUNT Trial	Dr. Kamlesh Nayak
4:25-4:30	STEP -HFpEF Trial	Dr. Rajesh Yadav
4:30-4:35	PIONEER PLUS Trial	Dr. Kamini Lakhiani
4:35-4:40	EMPA-KIDNEY Trial	Dr. Pratiksha Patil
4:40-4:45	ONWARDS 2 Trial	Dr. Shubhashree Patil
4:45-4:50	Look AHEAD Trial	Dr. Jaydip Revale
4:50-4:55	ASPREE Trial	Dr. Abhijit Jadhav
4:55-5:00	FIDELITY Trial	Dr. Bensley Gonsalves

# SCIENTIFIC PROGRAM

## 18th February 2024 - Day 2

### BANTING HALL

TIME	TOPIC	SPEAKERS
9:00-9:15	Newer interventional techniques in ischemic heart disease	Dr. Aniruddha Dharmadhikari
9:15-9:25	Managing severe pain in diabetic neuropathy	Dr. Rahul Baviskar
9:25-9:40	Hematological manifestations in Diabetes	Dr. Jayant Panda
9:40-9:50	Step by step management of proteinuria in Diabetes	Dr. Parth Deogaonkar
9:50-10:05	Is salt the new sugar?- Link of salt consumption to diabetes	Dr. Sujit Chandratreya
10:05-10:20	Role of OSA in management of diabetes	Dr. Agam Vora
10:20-10:35	Exploring treatment opportunities in Metabolic dysfunction associated steatotic liver disease	Dr. Vijay Panikar
10:35-10:50	Managing diabetes in a patient undergoing elective surgery	Dr. Mangesh Tiwaskar
10:50-11:00	Diabetic Dyslipidemia: Is it different	Dr. Vikrant Vijan
11:00-11:15	Inhospital management of hyperglycemia	Dr. Narayan Deogaonkar
11:15-11:25	Achieving Target LDL: Looking beyond statins	Dr. Manoj Chopda
11:25-11:35	Microbiota in Diabetes	Dr. Amol Hartalkar
11:35-11:45	Medicolegal aspects to be considered in diabetes practice	Dr. Sameer Chandratre
11:45-11:55	Assessment of high risk foot in patients with diabetes	Dr. Sachin Arsule
11:55-12:05	Rational antibiotic use in patients with diabetic foot	Dr. Abhijeet Muglikar
12:05-12:15	Religious fasting in diabetes and how to manage	Dr. Manoj Chitale
12:15-12:25	Eagerly awaited pharmacological advances in diabetes	Dr. Vinay Dhandhanania
12:25-12:35	Biomarkers to detect early complications in diabetes	Dr. Alka Gandhi
12:35-12:45	Non Diabetic Hypoglycemia : Case based approach	Dr. Vyankatesh Shivane
12:45-12:55	Artificial Intelligence in Diabetes Practice	Dr. Rajesh Deshmukh
12:55-1:15	Shingles Prevention: Time is now	Dr. Swapnil Sakhala
1:15-1:25	ED raid (in diabetes) & how to tackle	Dr. Vijay Dhondage

# MAHARSSDI 2024

18<sup>TH</sup> ANNUAL CONFERENCE

17<sup>TH</sup>-18<sup>TH</sup> FEB, 2024 | NASHIK



17<sup>TH</sup> & 18<sup>TH</sup> February, 2024 | The Ballroom, Sula Vineyards, Nashik

RSSDI Membership No: \_\_\_\_\_ MMC/MCI Reg No. \_\_\_\_\_

Full Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Pin Code \_\_\_\_\_ Country \_\_\_\_\_

Email \_\_\_\_\_ Mobile No \_\_\_\_\_

## REGISTRATION FEES & GUIDELINES:

Particular	Early Bird Till 15 <sup>th</sup> Jan 2024	Tick Preference	Regular 16 <sup>th</sup> Jan-31 <sup>st</sup> Jan 2024	Tick Preference	Spot 1 <sup>st</sup> Feb 2024 Onwards	Tick Preference
Member	INR 5000 + GST		INR 7000 + GST		INR 9000 + GST	
Non-Member	INR 5000 + GST		INR 7000 + GST		INR 9000 + GST	
PG Student	INR 5000 + GST		INR 7000 + GST		INR 9000 + GST	
Accompanying Person	INR 5000 + GST		INR 7000 + GST		INR 9000 + GST	

No. of Accompanying Person \_\_\_\_\_

1. Name: \_\_\_\_\_ Mob No: \_\_\_\_\_

Gender: \_\_\_\_\_ Email Id: \_\_\_\_\_

2. Name: \_\_\_\_\_ Mob No: \_\_\_\_\_

Gender: \_\_\_\_\_ Email Id: \_\_\_\_\_

- All applications should be made on the prescribed registration form (one form per delegate).
- On-line registration & payment facility is available on the website, Registration will be processed only upon receipt of the payment.
- Please inform us at the earliest in case of any discrepancies in your registration details, this would allow streamlined error free registration. The delegates must mention their Registration ID in all future correspondence.
- Invoice cum Receipt bearing the Registration ID will be sent to all registered delegates by email. This must be presented at the registration counter.
- In case of members, it is mandatory to provide your membership number.
- PG Students must produce letter from HOD.
- Conference program dates are 17<sup>th</sup>-18<sup>th</sup> February 2024
- For Online Registration visit website: [www.maharssdi2024.com](http://www.maharssdi2024.com)
- Children above 5 yrs will be considered as accompanying delegates.
- NO CANCELLATION OR REFUND POLICY.

[Click Here to Register Online](#)

## PAYMENT DETAILS

Amount Paid for - Delegate ₹ \_\_\_\_\_ Acc. Delegate ₹ \_\_\_\_\_ Total Amount ₹ \_\_\_\_\_

Total Amount in Words \_\_\_\_\_ Payment Mode: Card [ ] UPI [ ] DD [ ] Cheque [ ]

Cheque/DD/Transaction ID \_\_\_\_\_ Transaction Dated \_\_\_\_\_

Cheque in favour of: **RSSDI MAHARASHTRA** Signature \_\_\_\_\_

## REGISTRATION INCLUSION

• Access to Scientific sessions & Industry exhibition	• Lunch: 17th & 18th February, 2024
• Badge	• Banquet Dinner: 17th February, 2024

### Conference Secretariat

Deogaonkar Hospital

Old Pandit Colony, Gangapur Road, Near KTHM College, Nashik - 422005, Maharashtra

Website: [www.maharssdi2024.com](http://www.maharssdi2024.com) | Email id: [reg@maharssdi2024.com](mailto:reg@maharssdi2024.com) / [info@maharssdi2024.com](mailto:info@maharssdi2024.com)

Contact no: +91 9082357850

Venue: The Ballroom, Sula Vineyards, Nashik



## Conference Venue

### **The Ballroom, Sula Vineyards**

Gat 36/2, Govardhan Village, Off,  
Gangapur-Savargaon Rd, Nashik, Maharashtra 422222

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## Conference Secretariat

### **Deogaonkar Hospital**

Old Pandit Colony, Gangapur Road, Near KTHM College,  
Nashik - 422005, Maharashtra

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## Conference Managers

### **Medivision Events**

B-13, Swastik Corporate Business Park,  
VN Purav Marg, Sion Trombay Road,  
Sion-Panvel Highway, Chembur East,  
Mumbai - 400071,

